

Integration and A Plan Of Action

The word ‘psychedelic’ means "mind-manifesting." The word ‘entheogen’ means “discovering the divine within." When these are applied under the right conditions, with right intention and with the utmost respect, they can provide us with profound insights, healing, and sometimes radical shifts in personal awareness. We do not consider the use of psychedelics to be destructive. We do not use them for numbing, escapism or avoidance. We practice openness and honesty when integrating psychedelics into our 12-step program because they help us become more aligned with our primary goal of recovery.

It is worth noting that Bill Wilson, one of the co-founders of A.A. had his own experiences with psychedelics, specifically LSD, and recognized its transformative potential. He likened the experience to his original “white-light” encounter that was the bedrock for the “spiritual awakening” discussed in the Big Book literature. We feel that the implications of this are far-reaching and worth exploring.

To quote the Big Book of Alcoholics Anonymous: “There is a principle which is a bar against all information, which is proof against all arguments, and which cannot fail to keep a [person] in everlasting ignorance – that principle is contempt prior to investigation.” pg. 568, 4th Edition.

If you have explored or are interested in exploring psychedelics as a therapeutic aid to your process of recovery, then you may find this Fellowship has a lot to offer.

We suggest what many 12-step fellowships suggest:

- Working the 12 Steps with a sponsor or a group of fellows.
- Finding a home group for fellowship and connection in recovery.
- Looking for ways to be of service.

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